

The Little Leafs Skate School will follow the guidelines of USA Hockey, a nationally recognized program that takes recreational and serious skaters from beginning to advanced levels. Classes will be taught by USA Hockey Certified Coaches.

SKATES If this is your first time skating, it is best to rent skates for the first session or two. When you are ready to purchase a pair of skates, be sure to check with one of our skating staff for information. Rental skates are available for \$3.00 per class, or the skater may purchase a discount punch card for ten (10) rentals.

RECOMMENDED ATTIRE *Learn to Skate* skaters should wear long pants, warm jackets or heavy sweaters, mittens or gloves and thin socks, helmets and elbow pads. *Pre-Hockey* skaters must wear full hockey equipment. Rentals are available for HLTS 1, 2 and Pre-Hockey 1.

REGISTRATION There are two options for registering:

- Online: www.leafsicecentre.com
- By mail: Checks Payable to Leafs Ice Centre
- In person: at the Leafs Ice Centre

Payment is required at the time of registration. REFUNDS WILL NOT BE GIVEN AFTER THE START OF THE SESSION. Class sizes are limited and determined by a date of registration. Wait lists are available for all classes so please check with the rink office to request wait list status. Classes may be combined, cancelled, or added based on enrollment.

EVALUATION Skaters will be evaluated at the end of each session. However, a skater may be moved to the next level before the end of a session if all of the skills in the current level have been mastered. Some skaters may require more than one session to master the skills.

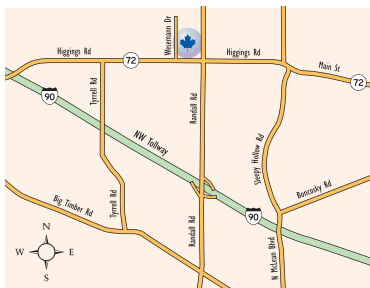
EQUIPMENT RENTAL OPTION For HLTS1, HLTS2, and Pre-Hockey 1, skaters can rent equipment free of charge and return it at the end of the class. Equipment includes helmet, shin pads, elbow pads, pants, shoulder pads and gloves. Equipment not turned in at the end of the session will be charged a late fee of \$30. If equipment is not returned you will be charged \$150.

***Equipment check out/fitting day is the first Saturday prior to the first day of lessons from 11:30 am to 1:00 pm. If you can't be at the Saturday equipment fitting, please arrive 1/2 hour before class to get rental equipment.*

PRIVATE LESSONS Private lessons are available. Please see the Hockey Director or the Skate School Program Manager for more information.

MAKEUP CLASSES A skater missing a regular class will be permitted a makeup of that class within the time frame of the current session.

LOCATION Leafs Ice Centre is located in West Dundee on Route 72 one half mile West of Randall Road.



Little Leafs Skate School
Leafs Ice Centre
801 Wesemann Drive
West Dundee, IL 60118

LITTLE LEAFS SKATE SCHOOL



LITTLE LEAFS
SKATE SCHOOL

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**Spring Summer 2012
SKATE SCHOOL
CLASS SCHEDULE AND FEES**



www.leafsicecentre.com
(847)844-8700

LITTLE LEAFS

SKATE SCHOOL

SPRING/SUMMER 2012 Class Schedule And Fees

All sessions are 8 weeks.

Session 4:
March 5 - April 28

Session 5:
May 7 - June 30

Session 6:
July 9-September 1

HOCKEY LEARN TO SKATE 1

This class is for those who have never skated or have never had formal lessons. Skaters will learn the very basics of balance, marching, gliding and other skating concepts that develop confidence on the ice. New participants receive a jersey; helmets with face mask are required and are available for rent.

WED 5:00 – 5:50 pm
THUR 5:00 – 5:50 pm
SAT 9:00 – 9:50 am
SAT 10:00 – 10:50 am

FEE: \$130

HOCKEY LEARN TO SKATE 2

(Prerequisite: HLTS1)

This class continues to teach beginning elements of skating including 1 foot glides, 2 foot jumps, forward swizzles, backward skating and beginning work on snow-plow stops. New participants receive a jersey; helmets with face mask are required and are available for rent.

WED 5:10 – 6:00 pm
SAT 9:00 – 9:50 am

FEE: \$130

PRE-HOCKEY 1

(Prerequisite: HLTS 2)

Skaters will learn how to skate with full equipment and proper technique of skating with a stick. This program will teach hockey skating techniques like striding, backward swizzles, 1 foot scooters pushes, 2 foot turns, 1 foot hockey stops and other skating agility moves. Full hockey equipment required and equipment rental is available.

MON 5:10 – 6:00 pm
SAT 9:00 – 9:50 am

FEE: \$186

PRE-HOCKEY 2

(Prerequisite: PH 1)

For intermediate skaters who wish to improve on skating skills and learn advance technique. Building on Pre-Hockey 1 skills, skaters will develop strides, forward crossovers, 1 foot glides, 2 foot stops, inside edge glides, backward "C" cuts and increase skating speed. Full hockey equipment is required. **Rental is not available.**

TUE 5:10 – 6:00 pm
SAT 10:00 – 10:50 am

FEE: \$186

PRE-HOCKEY 3

(Prerequisite: PH 2)

For advanced skaters seeking to hone their hockey skills for competitive team play on an In-House Little Leafs Team in the future. Skaters will develop backwards crossovers, pivot turns, step out turns and inside/outside edge control. Players will also gain an understanding of controlling the puck with the forehand/backhand sides of the stick. Full hockey gear is required.

Rental is not available.

TUE 5:10 – 6:00 pm
SAT 10:00 – 10:50 am

FEE: \$186

ADVANCED SCOOTERS

(Prerequisite: enrollment in PH-3 or LL In House)

Designed for players enrolled in Pre-Hockey 3 or LL In-House who are interested in additional practice and scrimmage ice time to develop necessary team skills. Each session features cross ice hockey games of the entire class time. The goal of the class is to develop an understanding of team game play, confidence in puck handling, shooting and passing.

MON 5:10 – 6:00 pm

FEE: \$195

LITTLE LEAFS ADVANCED SKILLS

(Prerequisite: PH-3 or LL In House)

Designed for the hockey player who wants to further develop the fundamental hockey skills necessary for both house and travel hockey. This program will develop and improve skating with the puck, stick handling, passing, shooting and more. Players will also learn to skate with eyes up while skating with the puck.

WED 5:10 – 6:00 pm

FEE: \$195

INTRO TO SCOOTERS & SKILLS

(Prerequisite: Enrollment in PH-2)

Skaters will get their first game and puck action in this class. The players will split the class into 2 segments, the first will let them handle a puck and gain basic knowledge of puck skills. The second half will have them playing cross ice hockey games where they will be able to shoot, pass and score a goal for the first time.

MON 5:10 – 6:00 pm

FEE: \$195

MITE IN-HOUSE LEAGUE (8 and under)

Are you a player who loves hockey but just wants to play for fun or needs to learn more about the game? Our Mite In-House League is for advanced level players who have passed Pre-Hockey, Advanced Scooters and/or Advanced Skills and desire for some team experience before playing for on a Club Hockey team. Practice sessions will further educate players on rules, positioning, and game strategy, with the main focus on skill development. All players will also get 3-on-3 small area games and five full ice games during the skill development process.

Evaluations will be done to divide talent equally among teams and ensure competitive play. This session consists of two skates a week on Saturdays and Sundays for 14 weeks. The focus is on fun, skill development, and team unity. The full season schedule will be distributed after all the players have been placed on a team and all players will receive a team jersey prior to first full ice game.

Session 2

Evaluations: January 14, 2012 11:30am-1:00pm
First Skills Session: January 15, 2012 1:00-3:00pm

Session 3

Evaluations: May 5, 2012 11:20am-1:20pm
First Skills Session: May 6, 2012 11:00am-1:00pm

FEE: \$525

Classes may be combined or cancelled due to low enrollment. All schedules are subject to change at any time without previous notice. Class sizes are limited and extra classes maybe added.

