



Come Join the Fun!

Leafs Ice Centre

Want more information?
Contact us.

Adult Men's League 2008-2009

The Leafs Ice Centre is proudly offering two Men's league divisions "B" and "C" and will split the year into 2 sessions:

The Men's League at Leafs Ice Centre is a no-check recreational league for players 18 years old and up. It is a great way to stay in shape, be part of a team and continue to enjoy the sport in a fun and competitive atmosphere.

Fall/Winter session: October 7, 2008 – April 16, 2009

Registration deadline: September 30, 2008

Captains meeting: October 1, 2008 7pm @ Leafs Ice Centre

Fall/Winter Season consists of 22 regular season games followed by three weeks of playoff rounds (guaranteed 1 playoff game).

Each team will also receive 1 team practice with paid deposit.

Cost: \$4995

Spring/Summer session: May 5, 2009- August 27, 2009

Registration deadline: April 28, 2009

Captains meeting: April 29, 2009 7pm @ Leafs Ice Centre

Spring/Summer Season consists of 14 regular season games followed by three weeks of playoff rounds (guaranteed 1 playoff game). Each team will also receive 1 team practice with paid deposit.

Cost: \$3200

Fees and payment options:

Fall/Winter- \$500 deposit due by registration deadline date.

\$1500 due prior to first game (Amount must be paid or your team will not take the ice).

Payment2- \$1500 due by December 5, 2008

Payment 3- \$1495 due by January 23, 2009

Spring/Summer- \$500 deposit due by registration deadline date.

\$1000 due prior to first game (Amount must be paid or your team will not take the ice).

Payment2- \$850 due by June 19, 2009

Payment 3- \$850 due by July 24, 2009

Individuals can register for our in-house team if space is available; the fee is \$350 per player. Fees must be paid in full prior to first game to be eligible for league play. All players will be contacted 1 week prior to first game.

League Overview:

Captains are responsible for collecting payments from their players and turning in the money at these four times to the Leafs Ice Centre front desk.

All rosters with player names, addresses, and email must be submitted and finalized by the 3rd game. Fees include ice rental, referees, scorekeepers, team and league fees and Championship Prizes.

Each team needs a player/representative to be responsible for their team and to sit on a league committee. The league committee along with a rink representative will decide on any policies, suspensions or penalties and help facilitate communication with the membership.

All Men's League participants must be registered with USA Hockey individually, which is good for the year (Sept. 1- Aug. 31). USA Hockey insurance can be purchased for \$43 online at USAHockey.com. All players are responsible for turning a copy of proof of insurance to the Leafs Ice Centre hockey director. All players must be registered with the rink and carry USA Hockey insurance.

MEN'S LEAGUE RULES AND REGULATIONS

• 1. Periods:

Games will consist of three 15 minute stop time periods. In the third period of the game there is a 5 goal difference, the game will go to running time. At any time there are 15 total penalties called (both teams combined), the game will go to running time. However, when the game is running time, the clock will stop for goals and initial penalty calls. If the differential reverts back to 4 goals the clock will go back to stop time.

• 2. Tied game: regular season

If the game is tied at the end of regulation during a regular season game, each team receives 1 point. A shootout will determine the winner. Each team will have 3 shooters. Visiting team will shoot first, home team second. If the score is still tied after the 3 respective shooters, there will be a sudden death shootout. No shooter can go twice until the entire team has gone first.

If the game is tied at the end of regulation during a playoff game, there will be a four vs. four, 5-minute sudden death overtime period. If the game is still tied, there will be a three vs. three, 5-minute overtime period. If the game is still tied, there will be a sudden death shootout (if first team scores and second team doesn't, or vice versa, the game is over).

• 3. Off-sides and Icings:

We will use the red line for icing, but there will be no off-side for two line passes. We will use delayed off-sides; if the puck is dumped in and off-side, as long as all the respective team's players come out of the zone without touching the puck, they may re-enter the offensive zone "on-side" only after their last player comes out.

- 4. Number of Players:

Rosters may have a maximum of 20 total players. Typically we ask for 15 skaters and at least one goalie. Play can start if a team has 6 skaters or 5 skaters and a goalie. Any less players and the team will forfeit the game. All rosters must be finalized and submitted by each the 3rd regular season game.

- 5. Equipment:

Shoulder pads and face masks are the only pieces of optional equipment.

- 6. Penalties:

Minor penalties are 2:00. Major penalties are 5:00 plus a game misconduct. Any major infraction or fighting penalty is an automatic three (3) game suspension. Three major penalties in a one-year period will result in an automatic and indefinite suspension, as determined by the league committee.

- 7. Team Captains:

The team captain must have a letter "C" on the front of his jersey and is solely responsible to make sure all of his players are on the official roster and have the required USA Hockey Insurance. Any violations will result in an automatic and possible permanent suspension. The team captain is also the only person allowed to speak with the referees; any abusive language or offensive behavior towards the referees will result in an automatic 5-minute major and game suspension.

- 8. Jerseys:

All teams must have proper light and dark team jerseys;

-Light - white, yellow, light blue, etc...

-Dark - anything but solid white - blue, black, red, green, brown, purple, etc...

- 9. Score sheets:

All score sheets must be signed (legible) by players and team captains before taking the ice.

Referees and scorekeepers are responsible for making sure all players on the ice are on the score sheets. Once score sheets have been signed by both officials at games end. They will be considered official.

- 10. Rescheduling games and Forfeits:

Teams must have 6 players to start the game. Any less will result in an automatic forfeit and be recorded as a one (1) to zero (0) victory for the other team. If games need to be rescheduled, the team rep must contact the league Director, referees and facility at least 5 days prior to the scheduled game time. Rescheduled games will be played on Sundays and will only be rescheduled once. If for any reason a team cannot make the rescheduled time they will then forfeit that game. Any team that forfeits 4 times in one season shall be banned from the league without any refund of fees.

Any question please contact Bob Gohde @ 847.844.8700 ex. 226 or
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